



September



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9/01

BREAKFAST:
Fruit & Juice
English Muffin w/
butter
Milk
LUNCH:
Baked Chicken
w/mojo
Congri Rice
Roll
Steamed Broccoli
Fruit and Milk

9/02

BREAKFAST:
Fruit & Juice
Croissant w/ butter
Milk

LUNCH:
Picadillo
Brown Rice
Roasted Potatoes
Fruit and Milk

Themed Menu

9/03

BREAKFAST:
Fruit & Juice
Sliced Bread
Scrambled Egg and
Milk
LUNCH:
Meat Balls in
Marinara
Brown Rice
Peas and Carrots
Juice and Milk

9/04

BREAKFAST:
Fruit
Pancake w/ syrup
Milk
LUNCH:
Pizza
Mixed Green Salad w/
Dressing
Fruit and Milk

9/07

BREAKFAST:
Fruit & Juice
Biscuit w/butter & jelly
Milk
LUNCH:
Chicken Alfredo Pasta
Mixed Green Salad w/
Dressing
Juice
Milk

9/08

BREAKFAST:
Fruit & Juice
Fritata
Sliced Bread & Milk

LUNCH:
Cilantro Lime Chicken
Veggie Rice
Black Beans
Fruit & Milk

Themed Menu

9/09

BREAKFAST:
Fruit
Croissant w/butter
Milk
LUNCH:
Grilled Chicken Strips
Soft Taco
Diced Tomatoes
Roasted Corn & Beans
Juice and Milk

9/10

BREAKFAST:
Fruit and Juice
Pancake w/ syrup
Milk
LUNCH:
Pizza
Steamed Carrots
Fruit and Milk

9/11

HAPPY
LABOR DAY
USA

NO SCHOOL

This institution is an
equal opportunity
provider.



September



MONDAY

9/14

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Empanadas
Brown Rice
Lentil Soup
Fruit
Milk

Themed Menu

TUESDAY

9/15

BREAKFAST:

Fruit & Juice
Bagel w/ cream
cheese
and Milk

LUNCH:

Arroz Con Pollo
Criollo w/ Corn
Plantains
Bread Roll
Fruit
Milk

WEDNESDAY

9/16

BREAKFAST:

Fruit & Juice
Biscuit w/ jelly
Milk

LUNCH:

Chicken Tenders
Yellow Rice w/corn
Mixed Green Salad
w/ Dressing
Fruit and Milk

THURSDAY

9/17

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

LUNCH:

Our Famous
Meatballs Marinara
Sun Bun
Broccoli
Juice and Milk

FRIDAY

9/18

BREAKFAST:

Fruit
Scrambled Egg
Sliced Bread
Milk

LUNCH:

Pizza
Steam Carrots
Fruit and Milk

9/21

TEACHER
PLANNING
DAY

NO SCHOOL

BREAKFAST:

Fruit & Juice
Cinnamon Bread w/
Butter
Milk

LUNCH:

Special Turkey Taco
Nacho Chips
Taco Black Beans
Lettuce
Fruit and Milk

9/22

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

LUNCH:

Cuban Beefaroni
Broccoli
Garlic Bread
Fruit
Milk

Themed Menu

9/23

BREAKFAST:

Fruit & Juice
Cheese Slice
English Muffin w/
butter
Milk

LUNCH:

Corn Dog
Roasted Potato Fries
Salad w/dressing
Juice and Milk

9/24

BREAKFAST:

Fruit
Bread w/ Butter
Egg Patty
Milk

LUNCH:

Pizza
Corn
Fruit and Milk

9/25

Apple Season

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September



MONDAY

9/28

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Cheeseburger w/
ketchup
Hamburger Bun
Sliced Carrots
Juice and Milk

TUESDAY

9/29

BREAKFAST:

Fruit & Juice
English Muffin w/
butter
Milk

LUNCH:

Baked Chicken
w/mojo
Congri Rice
Roll
Steamed Broccoli
Fruit and Milk

WEDNESDAY

9/30

BREAKFAST:

Fruit & Juice
Croissant w/ butter
Milk

LUNCH:

Beef Stew
Brown Rice
Broccoli
Fruit and Milk

Themed Menu

THURSDAY

FRIDAY



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